



HOLISTIC HEALTH COMMUNITY

HOLISTIC HEALTH COMMUNITY 2024 ANNUAL REPORT

Holistic Health Community, Inc. | PO Box 725, Stone Ridge, NY 12484
info@holistichealthcommunity.org

Holistic Health Community is a 501(c)3 nonprofit, charitable corporation

Holistic Healthcare Available to All

Our mission is to facilitate collaborative holistic healthcare and education in our local community

Our **CORE PROGRAM** in 2024 included both in-person Community Holistic Healthcare Days on the third Tuesday of each month and Virtual Community Holistic Healthcare Weeks on the last week of each month, plus a variety of Soil to Soul programs, Self-Care Classes, and Special Events.

Our **COMMUNITY CARE COLLABORATIVE: Outreach and Partnership** was launched in 2021 to expand access to holistic health services among underserved populations including low-income households, the BIPOC community, senior citizens, and youth. Through the Community Care Collaborative, HHC collaborates with community-based organizations to carry out a range of classes and events.

Our **SOIL TO SOUL PROGRAM** was launched in 2022 to provide Earth Connection programming throughout the four seasons. This programming promotes a full spectrum of practices in connection with regenerative farming, food preservation and preparation, and experiences that consider the cycles of life.

Governing Council

Cornelia Wathen, MA, Secretary

Donna Nisha Cohen, MS, President

Ricarda O'Conner

Executive Director

Laurie Marks Law

Director of Outreach

Alannah Henneberry

Director of Soil to Soul

Diana Seiler, LMT

Director of Self Care Classes

Cristina Bornstein

Office Manager

Laurie Giardino

Marketing & Communications Manager

Ashley Nester

Fundraising & Development Manager

Sheila Dvorak Galione

EVENTS:

In 2024, we held a total of 132 events and serviced 3,041 appointments.

EVENT CATEGORIES	# EVENTS	# ATTENDEES
HHC Events	22	402
Holistic Healthcare Day	12	380
Holistic Healthcare Virtual Week	12	296
Self Care Classes	2	41
Soil to Soul Events	40	718
People's Place Healthcare Day	12	343
Community Care Collaborative	36	846
TOTALS	136	3,031

EVENT LOCATIONS:

- Back Home Farm is a partner in our Regenerative Farming: Soil to Soul Program, 2387 Lucas Turnpike, High Falls, NY
- Christ the King Episcopal Church 3021 NY-213, Stone Ridge, NY
- City of Kingston-Age Well Kingston Coalition, 420 Broadway, Kingston, NY
- Clove Valley Farm is a partner in our Regenerative Farming: Soil to Soul Program, 81 Clove Valley Rd, High Falls, NY
- Dharmakaya Center for Wellbeing, 191 Cragmoor Rd, Pine Bush, NY
- Hero's Journey Foundation, Lifebridge Sanctuary, 333 Mountain Road, Rosendale, NY
- High Falls Food Co-op, 1398 NY-213, High Falls, NY
- High Meadow School, 3643 Main St, Stone Ridge, NY
- Kiva at MaMA 3588 Main St, Stone Ridge, NY
- People's Place is a partner in our Community Care Collaborative, 17 St James St, Kingston, NY
- Pine Street Community Room, The Institute for Family Health, 140 Pine St, Kingston NY
- Place Corps Gap Year for recent Kingston High School Graduates
- Rosendale Theatre Collective, co-sponsors the screening of films related to health and well-being, 408 Main St, Rosendale, NY
- Seasoned Gives is a partner in our Community Care Collaborative, 11 Lohmaier Ln, Lake Katrine, NY
- Town of New Paltz- Office of Community Wellness
- Town of Marbletown, NY offers its Community Center for rent-free space for events and holistic healthcare day, 3564 Main St, Stone Ridge, NY
- YWCA of Kingston is a partner in our Community Care Collaborative, 209 Clinton Ave, Kingston, NY

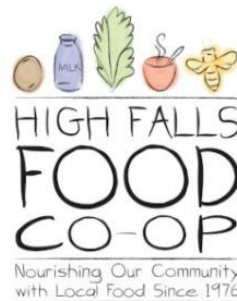
CONTRIBUTORS:

WE ARE GRATEFUL TO THE SPONSORS OF COMMUNITY HOLISTIC HEALTHCARE DAYS:



The Green Cottage offers a free flower arrangement for each Healthcare Day. 1204 NY-213, High Falls, NY 12440
(845) 687-4810
<https://greencottagehighfalls.com>

The High Falls Food Co-op offers free organic snacks and foods for our Holistic Healthcare Days. 1398 NY-213, High Falls, NY 12440
(845) 687-7262
<https://highfallsfood.coop>



The Hero's Journey Foundation for co-sponsoring our annual sound healing concert in their beautiful Sanctuary.

We also wish to thank our CO-SPONSORS:

Marbletown Community Center provides our space



The Rosendale Theatre Collective for co-sponsoring films related to health and healing at the Rosendale Theatre

We are grateful to the Foundations that support our work



PROGRAM & CLIENT STATISTICS

- Holistic Health Community's Healthcare Day and Virtual Week consisted of:
 - 51 volunteer practitioners & 32 modalities offered
- An Evening of Holistic Health Community's Healthcare at People's Place, Kingston included:
 - 23 volunteer practitioners and modalities

OUR VOLUNTEER PRACTITIONERS:

1. Alannah Henneberry
2. Alé Moss
3. Amber Adams, MHC, RYT
4. Ami Iyaprapada Hirschstein CAP, C-IAYT
5. Anna Schlosser, RN
6. AnnMarie Tedeschi
7. Ashley Sapir Lathrop
8. Athena Thomas
9. Bahia Miller
10. Bob Lesnow, DC, CDN
11. Bradley Berg, LCSW
12. Cecilia Deferrari
13. Charlotte von Hemert
14. Colette Ruoff, PCC
15. Cornelia Wathen, MA
16. Cristina Bornstein
17. Dahlia Jarrett, BFA, MA, ATR
18. Dany Harfush
19. Diana Gongora ATR-BC, LCAT
20. Diana Seiler, LMT
21. Donna Nisha Cohen, MS
22. Drew Minter

23. Elizabeth Gross
24. Elizabeth Murichi, LMSW, MSTOM
25. Evan Marks MAC/OM
26. Eve-Marie Elkin, LMSW, LCAT, SEP
27. George Jacobs
28. Gerald Wintrob, MA, OD
29. Greg Madden
30. Holly Shelowitz
31. Jadina Lilien MFA CPF
32. Joanna Leffeld
33. Jude Smith
34. Judy Swallow
35. Karin Reynolds
36. Kate Anjahlia Loye
37. Kathleen Mandeville
38. Katie Todd
39. Katy Bray, CCH
40. Ken Harris MS, DC
41. Kris Journey
42. Larry Balestra
43. Lauren Schaub Molino
44. Maritday Rodriguez

45. Mark Houghtaling, LMT
46. Mary Zak
47. Maureen Smith
48. Melissa Schenker
49. Nancy Plumer, MS
50. Nancye Good
51. Nandini Natasha Austin
52. Nurit Nardi, MA LMT RCST
53. Peri Rainbow, MPS, OM
54. Pete Crotty
55. Phaedra Robinson
56. Rae Leonard
57. Rob Norris, LMT

58. Sarah Carlson
59. Sharon Lococo
60. Shellie Gretah Fraddin, Ph.D
61. Shulamit Elson
62. Sigrid D'Aleo
63. Stephanie Rooker
64. Suzanne Bottigliero
65. Theresa Lyn Widmann
66. Therese Bimka
67. Vicki Kramer Nathan
68. Virginia Doran, M.Ac., L.Ac., LMT
69. Wendy Wolosoff-Hayes
70. Yuko Nakagawa

OUR MODALITIES:

1. Accompanying Parents and Adult Children Through End of Life Planning, Joanna Leffeld
2. Akashic Records Reading, Alé Moss
3. Astrology Consultations with Kris Journey
4. Astrology/Tarot Readings with Pete Crotty
5. Attunement, Dr. Ken Harris
6. Ayurveda Wellness Consultations, Ami Jayaprada Hirschstein
7. Ayurveda Wellness Consultations, Nandini Austin
8. Chakra Clearings to Re-balance Energies, Suzanne Bottigliero
9. Chumpi Illumination, Sarah Carlson - SOUL SPA
10. Coaching for Resilience, Well-being, and your Creative Life, Vicki Kramer Nathan
11. Consciousness Shifting, Sharon Lococo
12. Counseling for Your Soul, Bradley Berg
13. Craniosacral Therapy, Elizabeth Murichi
14. Emotion Code with Cornelia Wathen
15. Focusing Oriented Therapy, Nurit Nardi
16. Frequency Guided Coaching, Rae Leonard
17. Healing Your Money Story, Joanna Leffeld
18. Health and Longevity Coaching, Danielle Harfush

19. Hypnotherapy for Stress Reduction, Past Life Regression, or Cancer Support, Maureen Smith
20. Laser Focused Coaching, Colette Ruoff
21. Life Coaching, Karin Reynolds
22. One Light Healing Touch, Nancy Plumer
23. Psycho-Spiritual Counseling and Coaching, George Jacobs
24. Psychotherapy / Art Therapy, Diana Gongora
25. Reconnective Healing, Rob Norris
26. Resonance: An exploration of a symptom or state of mind, Katy Bray
27. Spacious Heart Guidance, Wendy Wolosoff Hayes
28. Spiritual Counseling and/or Yogic Embodiment Techniques, Amber Adams
29. Spiritual Counseling: Guided Self-Inquiry with Donna Cohen
30. Systemic Family Constellations: Your Original Design, Jadina Lilien
31. The Flow of Grace, Katie Todd
32. Work/Life Coaching, Melissa Schenker

We welcomed 10 new practitioners in 2024

- | | |
|--|---|
| 1. Amber Adams, Spiritual Counseling and/or
Yogic Embodiment Techniques | 7. Evan Marks, Acupuncture |
| 2. Ashley Lathrop, Functional Medicine
Health Coach | 8. Eve-Marie Elkin, Systemic and Family
Constellations |
| 3. Athena Thomas, Colon Hydrotherapy | 9. Kathleen Mandeville, Kaleidoscopic
Constellations & Outer Edge Coaching |
| 4. Cecilia Deferrari, The Artist's Way and Reiki | 10. Nancye Good, Niasziih |
| 5. Charlotte von Hemert, Gentle Yoga for the
Nervous System | |
| 6. Colette Ruoff, Laser Focused Coaching | |

For a listing of all our current practitioners and administrative volunteers, please visit:
<https://holistichealthcommunity.org/faculty>

ADMINISTRATIVE VOLUNTEERS

Alex Kahn
Anne Marsiio
Barbara Dibeler
Bill Irving
Bob Capozzi
Chana Patricia Lunior
Deborah Gordon Brown
Donna Nisha Cohen, MS

Francine Vidal
George Jacobs
James Casey
Joann Decours
Jolie Barra
Josephine Sweeney
Larry Brown, Director
Lee Courtney

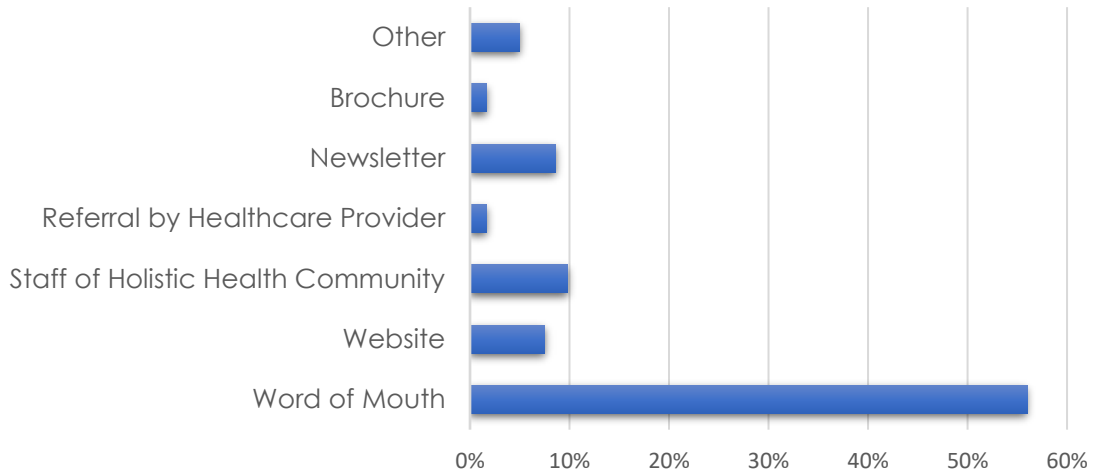
Patricia Englert
Patricia Yorks
Reenie Gordon
Shirley Golgoski
Susan Shaftan Perrin
Tom Hammang

CLIENT STATISTICS

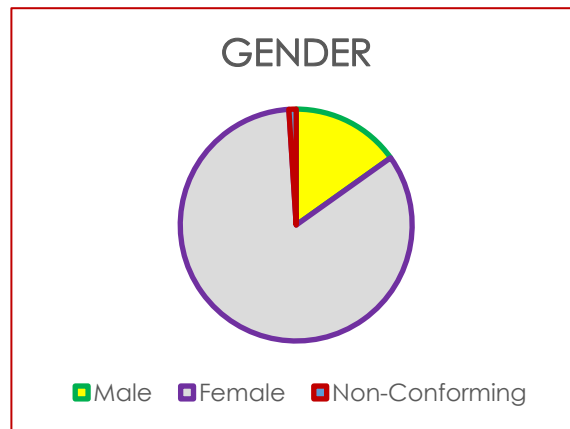
CLIENT LOCATIONS:

04285 Weld, Maine
10021 New York, NY
10552 Mount Vernon, NY
10987 Tuxedo Park, NY
12401 Kingston, NY
12404 Accord, NY
12409 Shady, NY
12419 Cottekill, NY
12428 Ellenville, NY
12433 West Hurley, NY
12440 High Falls, NY
12443 Hurley, NY
12446 Kerhonkson, NY
12449 Lake Katrine, NY
12456 Mount Marion, NY
12458 Napanoch, NY
12461 Olivebridge, NY
12464 Phoenicia, NY
12466 Port Ewen, NY
12472 Rosendale, NY
12477 Saugerties, NY
12481 Shokan, NY
12484 Stone Ridge, NY
12486 Tillson, NY
12491 West Hurley, NY
12494 West Shokan, NY
12498 Woodstock NY
12501 Amenia, NY
12507 Barrytown, NY
12523 Taghkanic, NY
12528 Highland, NY
12550 Newburgh, NY
12561 New Paltz, NY
12566 Pinebush, NY
12572 Rhinecliff, NY
12580 Staatsburg, NY
12583, Tivoli, NY
12701 Monticello, NY
12725 Claryville, NY
12779 Fallsburg, NY
20007 Washington DC
20147 Ashburn, VA

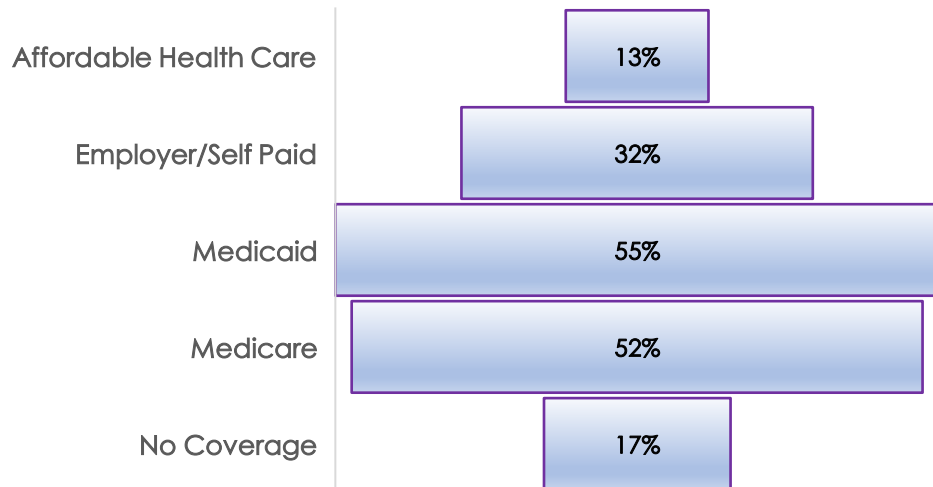
HOW DID YOU HEAR ABOUT US?

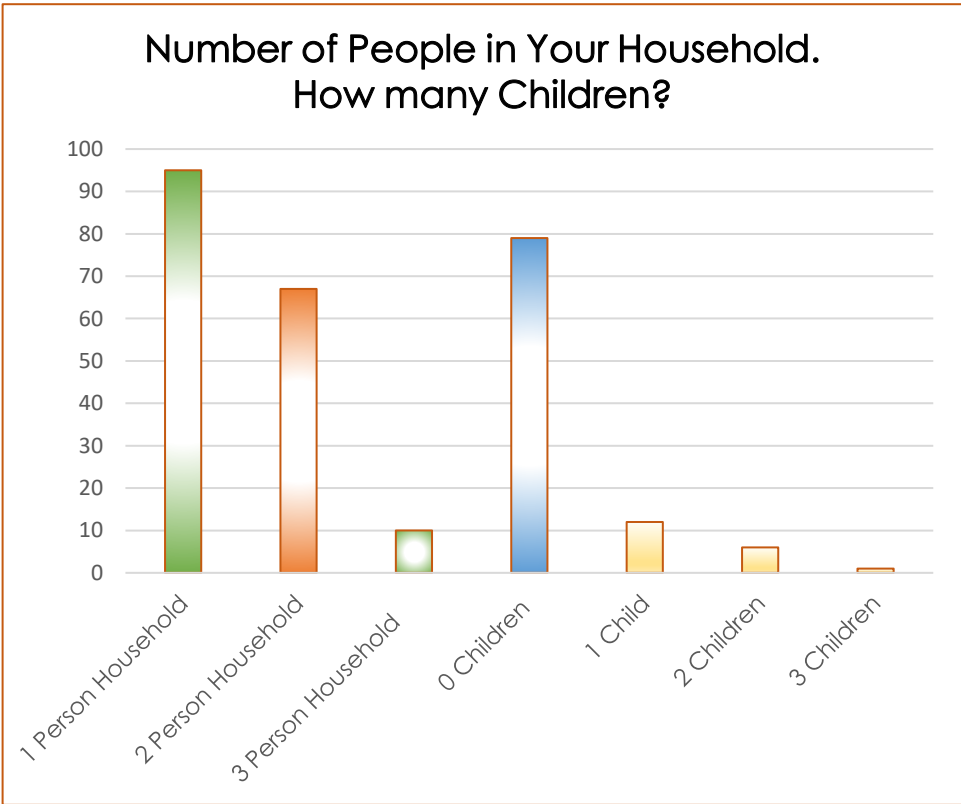
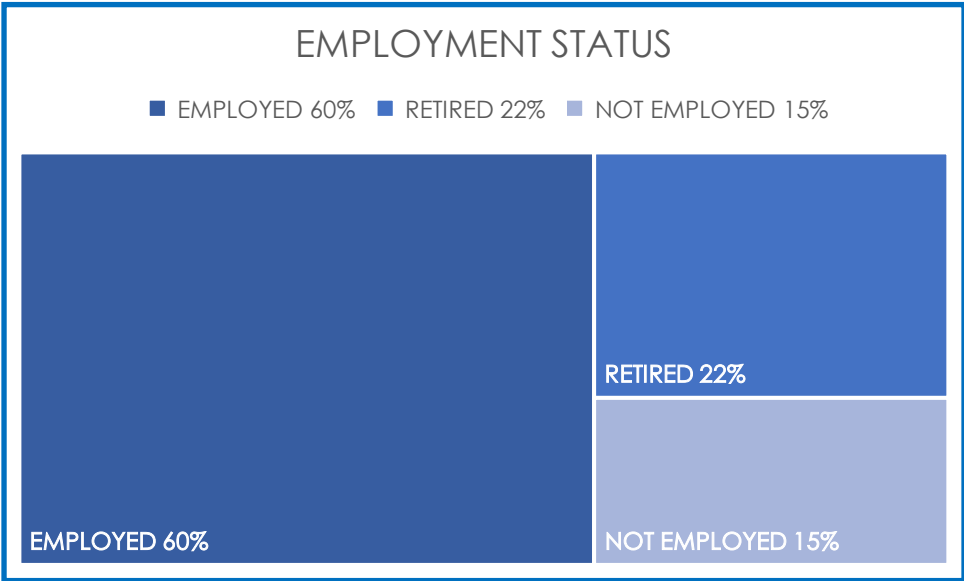


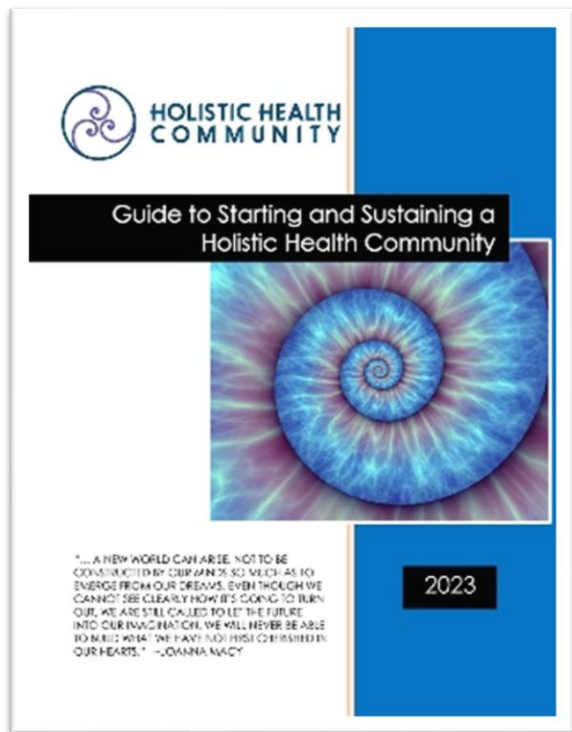
GENDER



What is Your Primary Health Insurance?







To date, 113 individuals and organizations downloaded our free booklet, "Guide to Starting and Sustaining a Holistic Health Community." In 2024 – There were 24 downloads.